



Meeting Minutes Community Mental Health Taskforce

Date: 02/20/15
Time: 2:00pm
Location: Launch Fishers
7 Launch Way
Fishers, IN 46038

Meeting Called to Order: 2:35pm by Mayor Scott Fadness

Present: Mayor Fadness, Chris Greisl, Chief Orusa, Autumn Gasior, Mitch Thompson, Ed Gebhart, Dave Seward, Todd Zimmerman, John DeLucia, Dr. Mike Beresford, Dr. Barb Walters, Chris Graves, Suzanne Clifford, Kimble Richardson, Mike Riekoff, Pastor Curt Walters, Dr. Jerry Sheward, Suzanne Clifford, Kimble Richardson and Dr. Tim Kelly.

i. Panelist discuss on current state of mental health

Panelists include:

- Dr. Jerry Sheward, M.D., Vice President, Chief Medical Officer with Aspire Indiana
 - Suzanne Clifford, Executive Vice-President Behavioral Health Services with Community Health
 - Kimble Richardson, Manager, Business Development and Referrals Behavioral Health with Community Health
 - Dr. Tim Kelly, Internal Medicine (Board Certified), Addiction Psychiatry with Community Health Network
- Dr. Jerry Sheward - substance abuse
 - Bipolar/schizophrenic - from those 48%-50% chance for a substance abuse problem.
 - Depression - 18%-20% @ any given time and half will not get treatment and of those 80% will be treated by a physician.
 - Prescription drug use - In 80's under prescribing meds, told addiction would be under 1%. Could get a higher salary if they had better "ratings" from patients.
 - Lock ups - instead of locking up non violent offenders, place them in treatment.
 - Amy Summerfield (Hamilton County Prosecutor) has a passion for helping people. People moving to heroin. 40%-60% chance for addiction is hereditary.
 - "More tools you give people to get well, the higher chanced you have of recovery."
 - Great Read - New England University of Medicine, dated June 5, 2014 "Adverse Health Effects of Pot."
 - Dr. Kahn -
 - Core feature to development is schools, 3 areas to target
 - Home - Education to parents
 - School - Locate higher risk students and offer services
 - Social - Economic factor pressure to perform, break the stigma of Mental Health.
 - Easier to take to jail than actually help.



- Kimble Richardson - created model training program for CIT
 - How to break stigma?
 - Reaching out to children - explain what to do
 - Reaching out to parents - explain what to do
 - What age to start? Start very young in elementary using technique “QPR” Question, Persuade, Refer
 - With using QPR, schools need to know exactly what to say.
- Schools -
 - Staff afraid to offend students/parents
 - Need to change the outlook to “trying to help” instead of “getting someone in trouble”
 - Looking at students that have a lot of pressure to succeed (exp. AP classes)
 - Need access to mentors - Push YMI, councilors onsite need additional training
- Dr. Jerry Sheward -
 - 5-10 years from now, 25% of mental health specialist in the state of Indiana are over the age of 65
- Dr. Kahn -
 - Need services where people can easily access information
 - Provide services where people are
 - Make more people accountable

SUGGESTIONS

- Look at all addiction/suicide issues
- Empower, giving people a purpose - how?
- Reminder, all lives are worth while

NEXT MEETING: 3/20/15 - Panel to discuss the “what services are available”