

PRESS RELEASE

Stigma Free Fishers Week - 2017

Stigma Free
FISHERS





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Fight Against Mental Health continues as Fishers Announces #StigmaFreeFishers Week

Week hopes to chip away at stigma & support those quietly struggling to get help

Fishers, IN – Fishers' Mental Health Initiative is celebrating the close out of phase one, as the war on mental health builds leading into phase two. While phase one sought to improve education and training, and enhance local resources and access to service; phase two will focus heavily on changing the culture and stigma around mental health. Phase two formally kicks off during Stigma Free Fishers Week this August.

"During phase one, our team achieved wins on the tactical side," explained Mayor Scott Fadness. "Now that we've addressed gaps in our community paramedicine program, crisis intervention and the role of first responders during a crisis; we've got to turn our attention to changing the culture and policy around mental health. How do we get this conversation to the dinner table inside each resident's household?"

Stigma Free Fishers Week kicks off on Wednesday, August 2nd with an interfaith, community prayer gathering hosted by Grace Community Church. The prayer service begins at 7 p.m. and takes place at the Nickel Plate District AMP. Events continue the following week, and festivities include:

- A special address during intermission of the Tuesday Night Concert Series on August 8th,
- Three dine-to-donate events in support of the Peyton Reikhof Foundation for Youth Hope on August 9th and 10th,
- A Hope for Happiness event on August 11th, hosted by the Stigma Free HSE High School club ft. local band, Dave & Rae, and
- A weekend of free evenings that include a Jason's Race 5K Run and Walk, incentives to unplug at local parks and a community movie night featuring *Inside Out*.

Details about schedule activities can be found online at www.Fishers.in.us/StigmaFree along with the [2017 Mental Health Report](#) released July 24th. Attendees are encouraged to use the hashtag #StigmaFreeFishers to share how they're uniting along the mental health initiative and those suffering from mental health issues.

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About Fishers

The City of Fishers is a suburb of Indianapolis, Indiana, located in Hamilton County. Under the leadership of Mayor Scott Fadness, Fishers is known as a smart, vibrant, and entrepreneurial city through its downtown development, dedication to supporting high-growth companies, and innovative city processes. With a population of 86,459, Fishers is one of the fastest growing communities in Indiana and has received national accolades for entrepreneurship, livability, and safety.

About Fishers' Mental Health Initiative

In 2014, after learning of 157 immediate detentions by Fishers Police Department on individuals who expressed a desire to hurt themselves or someone else, Mayor Scott Fadness recognized a need for a coordinated strategy to address mental health concerns within our community. The City of Fishers took a thoughtful, smart approach to developing an action plan with clear objectives and measurable goals. The entire Mental Health Report can be viewed online at www.Fishers.in.us/MentalHealth.