

MENTAL HEALTH INITIATIVE

Roadmap and Results Presentation





FISHERS

EST. 1872

**MENTAL
HEALTH
TASK FORCE**

Transforming Policies and Partnerships Between Schools, Public Safety, Treatment Providers and Community Leaders

**If a community was to marshal
its resources around the
challenges of mental health,
what could and what should
be done?**

- FISHERS MAYOR SCOTT FADNESS

COALITION & STAKEHOLDERS



1

- Elected officials
- District administration and teachers
- Public safety leadership
- Faith leaders
- Community groups
- Health and mental health professionals
- Students, families and suicide survivors

UNDERSTAND THE PROBLEM



2

- What does the data say?
 - Immediate Detentions
 - Deaths/Suicides
- Talk to stakeholders first-hand
- Identify current systems of care
- Who is willing to lead alongside you?

TAKE YOUR TIME.

SYSTEMS & PROCESSES



3

- Current response procedures
- Establish training standards for all
- School policies
- First responders
- Community health partners

BE HONEST, AND LEAD ON CHANGES

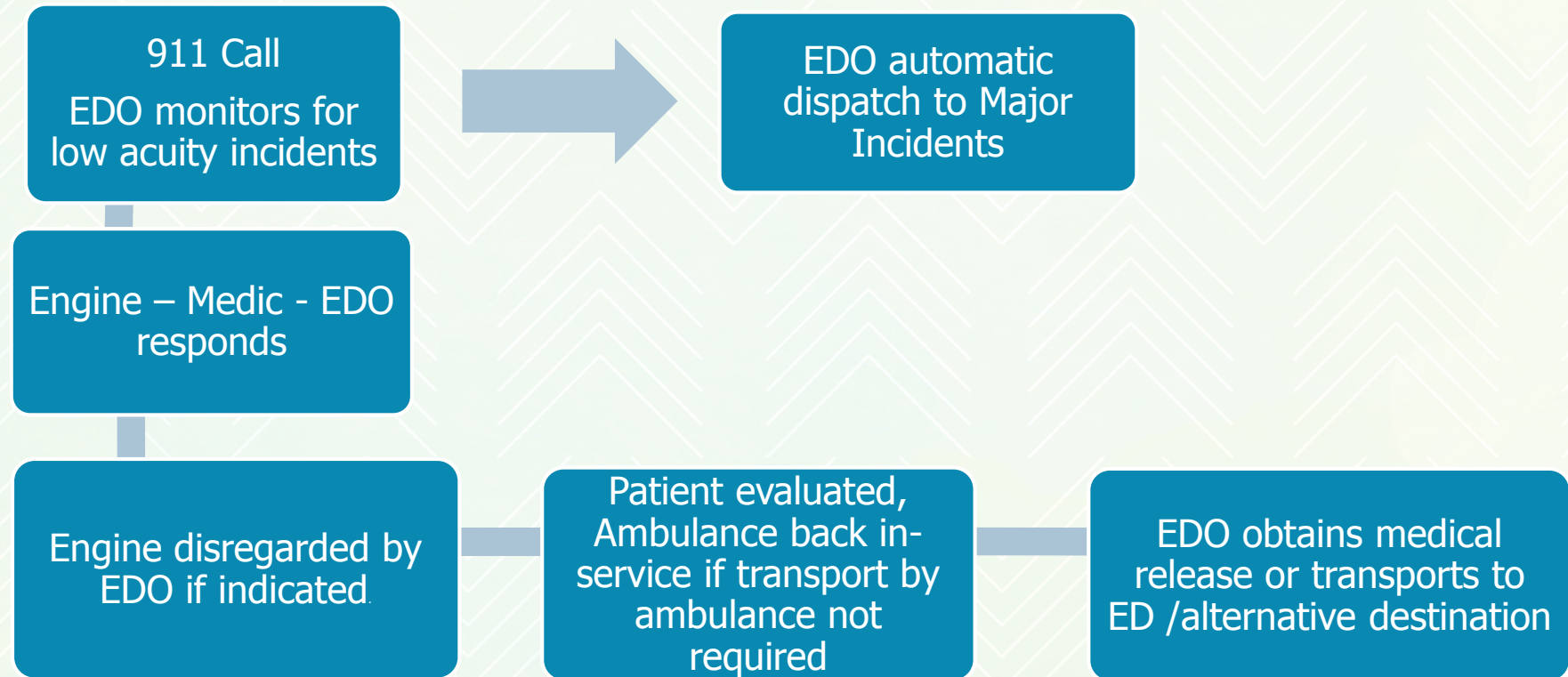
PUBLIC SAFETY TRAINING

80 Crisis Intervention Team Trained

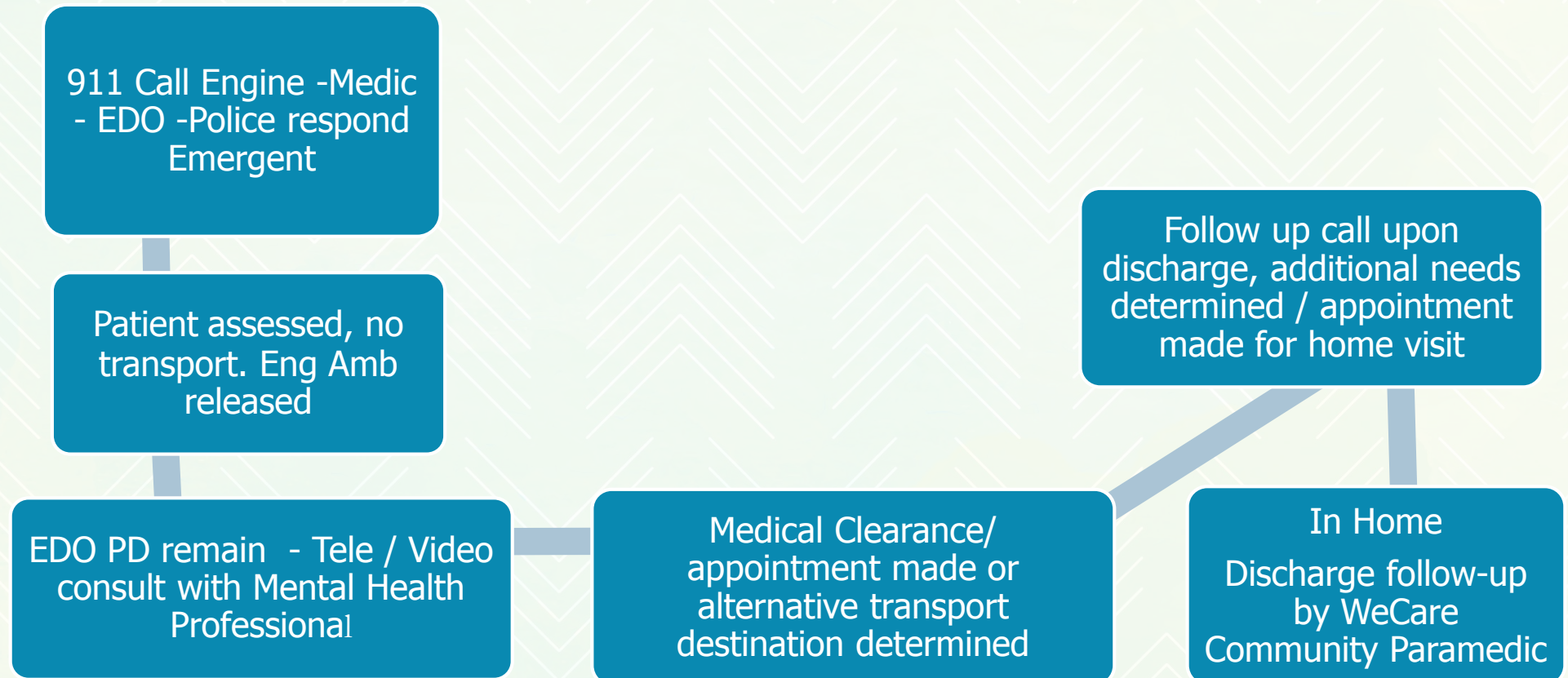
Additional Training

- CIT 101 - Basic Crisis Intervention Training
- (SBIRT) Screening, Brief Intervention, and Referral for Treatment.
- Motivational Interviewing.
- CIT for Youth
- Columbia Suicide Severity Rating Scale

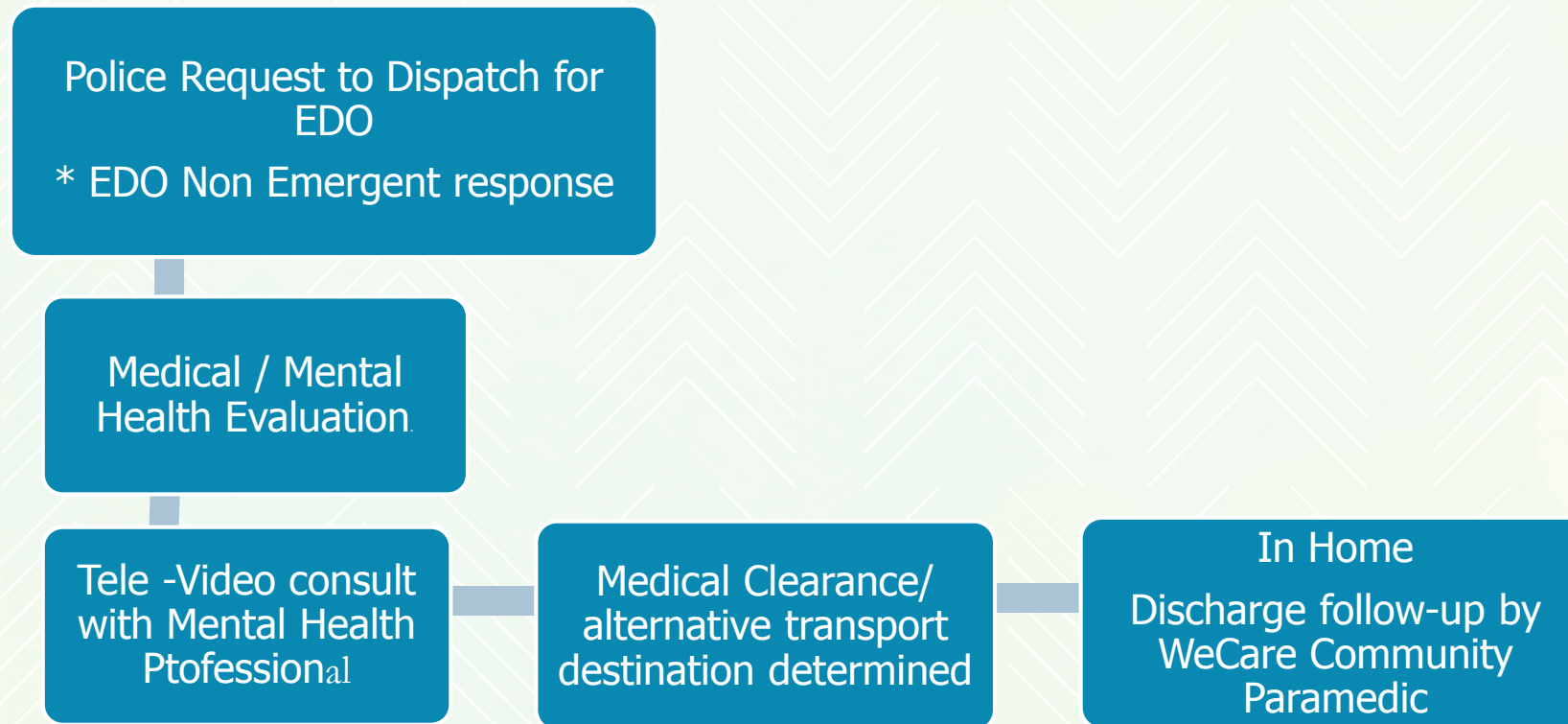
EMS DUTY OFFICER (EDO) RESPONSE ALGORITHM



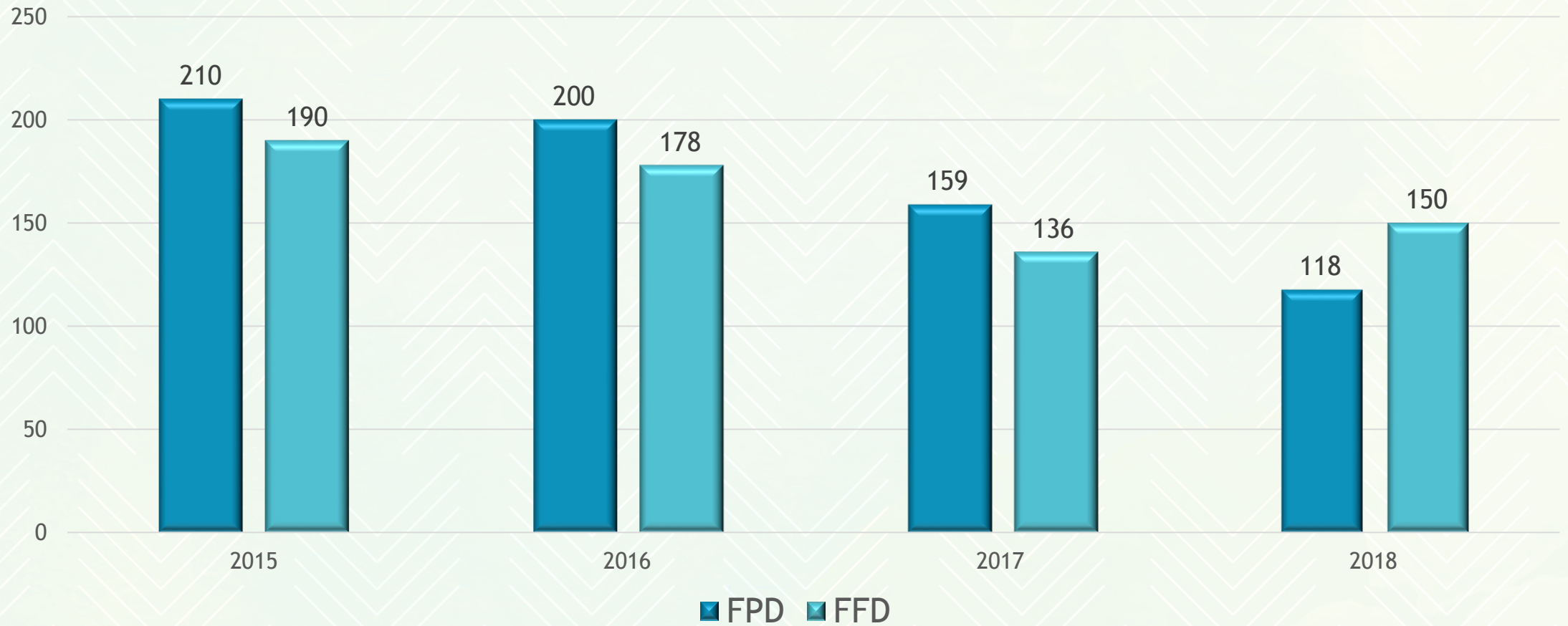
911 EMERGENCY MENTAL HEALTH RESPONSE



911 NON-EMERGENCY MENTAL HEALTH RESPONSE



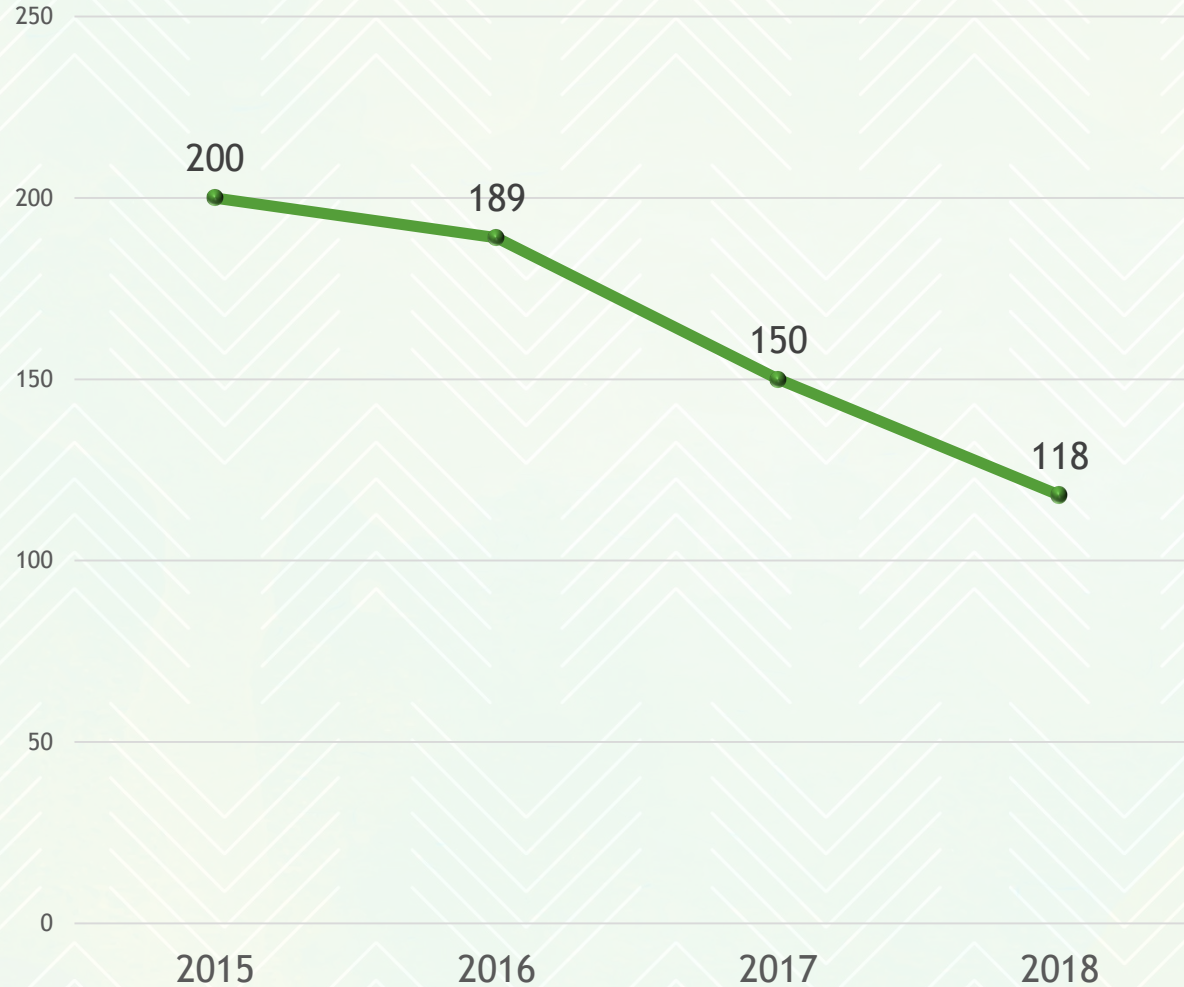
BEHAVIORAL HEALTH INCIDENTS – PUBLIC SAFETY TEAM 2015 - 2018



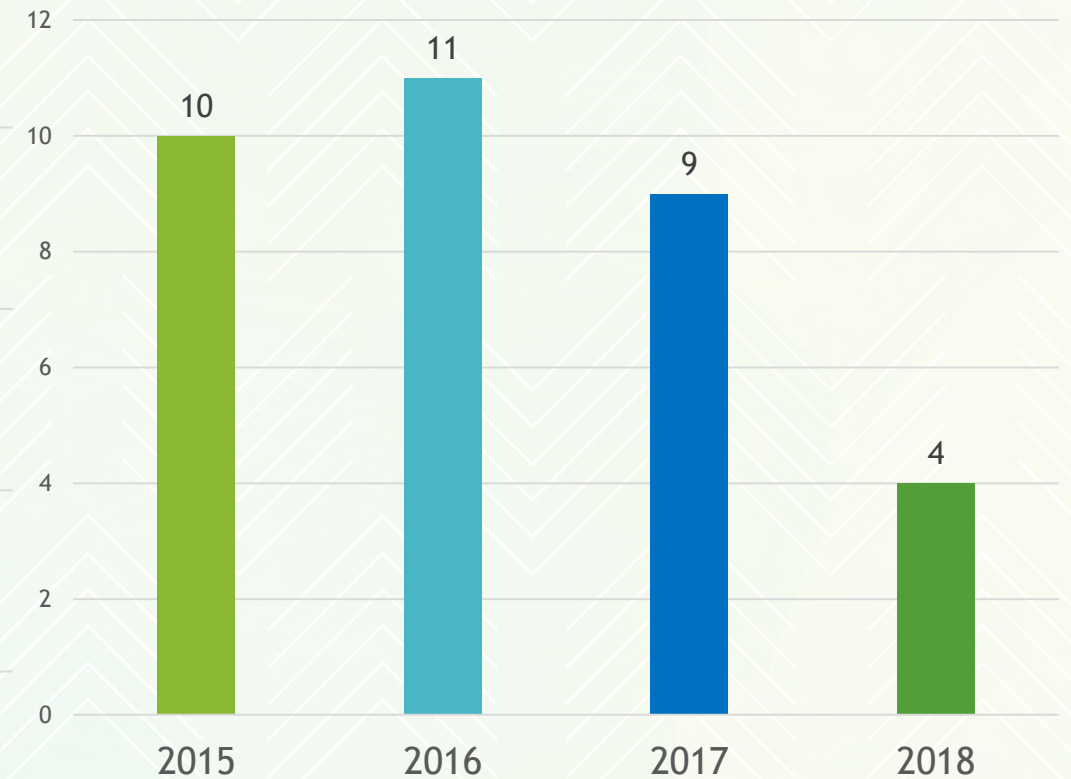
POST INCIDENT FOLLOW-UP

- Weekly list of immediate detention individuals
- 72 hour follow up call
- Automated report of all mental health patients encountered each day to EMS division for follow-up call and entry into HealthCall (community paramedicine data system,) for follow-up calls and tracking
- Calls to patients determine additional needs.
- Monthly detail report (Dashboard to Chief)

IMMEDIATE DETENTIONS



ADULT SUICIDES



**ZERO YOUTH SUICIDES
FOR 4 YEARS!**

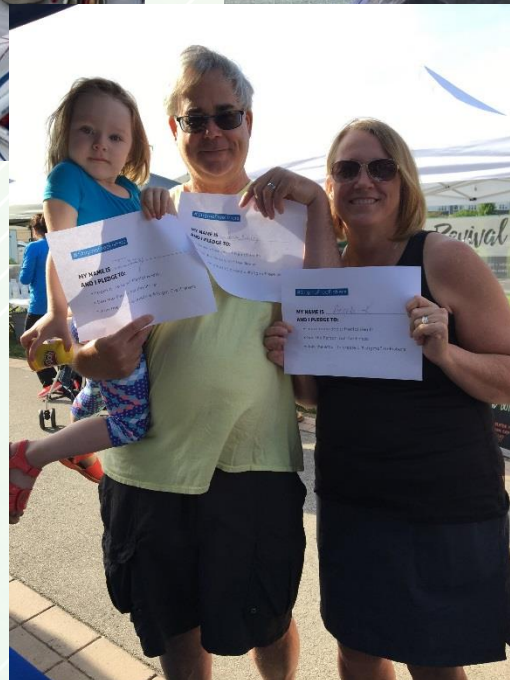
TALK ABOUT IT



4

- **Stigma is real. Leadership combats it**
- **Public policy needs to change to make an impact**
- **Outreach campaigns, stakeholder meetings, business community all play a role**

BREAK DOWN STIGMA TO CHANGE



PLAY THE LONG GAME



5

- Substantive and systemic change
- Public policy
- Sustained leadership and stakeholder involvement
- Move from triage to prevention

THIS IS NOT AN AD CAMPAIGN, IT'S A CULTURE CHANGE.

ADVOCACY PRIORITIES

- **School Mental Health**
- **Coordination of Care While Respecting Privacy**
- **Paramedicine**
- **Mental Health Workforce**
- **Stigma Reduction and Mental Health Training/Education**

ENGAGE WITH YOUTH



6

- Student mental health
- Change makers
- Student clubs
- Culture of sharing

**YOUTH ENGAGEMENT OFTEN
LEADS TO ADULT ENGAGEMENT**



STIGMA FREE STUDENT CLUBS

Over 100

- Students attending club meetings

50

- Students received suicide prevention training

27

- Club meetings

10

- Events held to reduce the stigma, share healthy coping strategies, and speaking engagements

7

- 8th grade wellness classes taught about mental health

INCREASED PREVENTION OPPORTUNITIES

1,770 8th grade students

- Taught evidence based suicide prevention lessons

1,565 11th grade students

- Attended the Get Schooled Tour convocation

700 Students and Parents

- Attended the Screenagers viewing

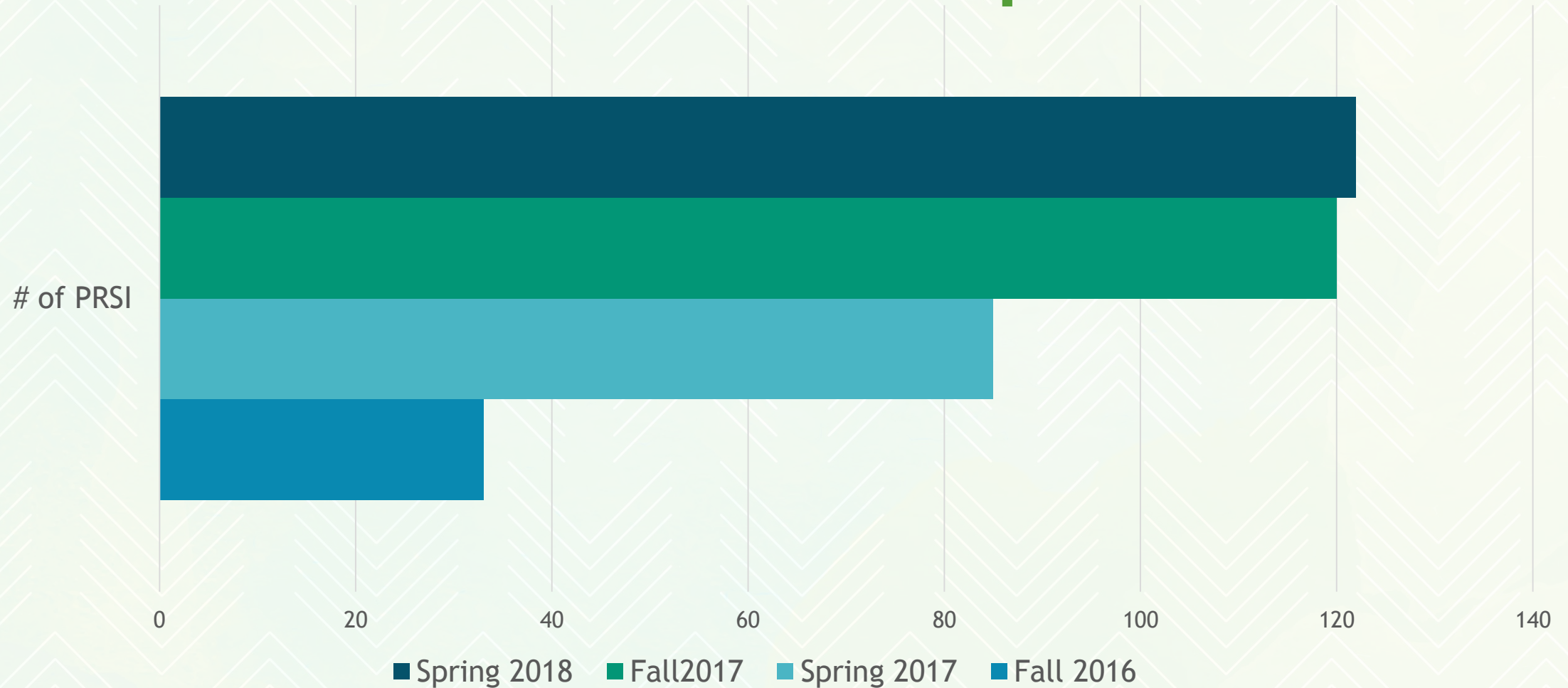
225 Parents and Students

- Attended the Night of Hope

12 Schools

- Hosted Dr. Jill Bolte Taylor's Brain Sculptures

Culture Promotes Earlier Intervention: Increase in the number of Student Risk Assessments Completed



WHAT DOES SUCCESS MEAN FOR SCHOOLS?



**State Testing
Growth (NWEA)**
Math: 83%
Reading: 82%



GPA
55.7% showed
improvement in GPA



Discipline
73% decreased or
showed no change



Youth Suicides
<18 years
since 2013

CONCLUSION

A ROADMAP TO SUCCESS

1. INVENTORY YOUR COALITION AND STAKEHOLDERS
2. UNDERSTAND THE PROBLEM
3. AUDIT AND ADJUST RESPONSE SYSTEMS
4. TALK ABOUT IT
5. BE SUBSTANTIVE AND SYSTEMIC
6. ENGAGE WITH STUDENTS

QUESTIONS?

