

## **Faith Based Mental Health Meeting**

Date: March 3, 2016

Time: 1:30 – 2:30 p.m.

Location: City Hall Auditorium

### **Attendees:**

Chief Steven Orusa, Councilor Todd Zimmerman, Randy Davis, National Network of Youth Ministries, Joey Christianson, Grace Church Fishers, Rusty Kennedy, Leavener Ministry, Scott Garrison, Zoe Church, Jeff Oelker, St. Louis de Montfort, Evan Hoekzema, Heartland Church, Jill Buckler, Fishers United Methodist Church, Sarah Renfro, Geist Christian Church, Tina Pavy, Life Church, Sharon Cady, Encounter Trinity, Caroline Steward, Center Point Counseling, Dan Hillen, Youth for Christ, Toni Pickard, Brandon Leum, Kevin Roth, Grace Church, Curt Walters, Crosspoint Church

### **Introduction – Rusty Kennedy & Brandon Leum**

- Through this task force, local clergy members have a great opportunity to work with City of Fishers to find ways to raise awareness and reduce stigma of mental health challenges
- Leum's brother committed suicide 13 months ago; Leum shared personal experience of working to better understanding mental health challenges following the tragedy

### **Community Ministry Discussion**

- The faith-based resources the group identifies will be added to the existing mental health services resource list at [www.fishers.in.us/mentalhealth](http://www.fishers.in.us/mentalhealth)
- Ministries need to gather demographic data so that we can measure the current capability of faith-based resources in the community
- Types of challenges for ministries to track:
  - o Abuse
  - o Individual
  - o Marital
  - o Crisis
  - o Addiction
  - o Suicide
  - o PTSD
  - o Parenting
  - o Family
  - o Grief
  - o Financial
  - o Youth/Children
  - o Clinically Diagnosed
  - o Caregiver
- The challenges identified may not all qualify as “mental health challenges” but they may escalate if not addressed
- Types of resources/services:

- Pastoral Visits
- Counseling (ongoing)
- Group Opportunities
- Mentoring
- Once demographic data is gathered, the group will identify gaps in faith-based resources
- Need to track who we're helping and how many people need help so we can improve capability in the future

**Action Items:**

- Provide demographic data on individuals utilizing your ministries resources, including pastoral visits, counseling, group opportunities and mentoring
- Existing list of local community mental health services can be found at <http://www.fishers.in.us/DocumentCenter/View/8078>

**Next meeting:**

April 14, 1:30 – 2:30 p.m., City Hall Auditorium