



CITY OF FISHERS AGENDA

MEETING: Quarterly Faith-Based Mental Health Meeting

DATE: May 4, 2017, 1:30 p.m.

LOCATION: City Hall Auditorium

NEXT MEETING: Sept. 7, 2017, 1:30 p.m. in City Hall Auditorium

- Welcome – Todd Zimmerman
- 2016 Update – Chief Orusa and Ashley Elrod
 - Ashley Elrod- Implementation of Phase 2 of the Mental Health Initiative will be proactive and involve community engagement for children, teens and adults, as well as policy at a regional and state level.
- Community Updates
 - Summer lunch for school children on reduced or free lunch- Schools will open cafeterias to provide lunch to children who receive free or reduced lunch at school. Volunteers are needed to prepare and serve food, as well as delivery drivers. For more information, please contact Tricia Akers at Tricia.Akers@hamiltoncounty.in.gov
 - Ben's Ranch- Ben's Ranch Foundation (BRF) is a not-for-profit, charitable foundation based in Indianapolis, Indiana. The Foundation seeks to operate and support programs designed to give teens suffering from certain mental health and related challenges an opportunity to seek relief and healing by living and working on a farm or ranch for a summer or longer. The organization is currently accepting applications from interested families and youth. If interested, please contact Nancy Shelton Williams at info@bensranch.org
- Introduction of CJ McClanahan – Chief Orusa
 - Video of his story- feel free to use. Link: <https://vimeo.com/arlandcom/review/140845624/bbe8a6491e>

Work Group Break-outs

Peyton Riekhof Foundation – Mike Riekhof

- Goals for 2017:
 - Plan to continue to partner with community and schools to educate youth and destigmatize mental illness.
 - Engage adults and parents to provide them with resources and answer questions, and bridge the generational gap in terms of education on mental health.
 - Engage younger children, intermediate and perhaps elementary schools to start early discussions about mental health.
 - The Play for Peyton Softball Tournament will be on Sept. 9 and will include 32-36 teams (600 kids ages 10-18). Booth space is available for free. Contact Mike Riekhof if interested.
 - Will to continue March mental health event "Night of Hope"
 - Encourage Faith-Based group to push the event out to youth through youth pastors, etc.

Chaucie's Place, Suicide Prevention – Unable to attend



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Interfaith Effort – Sarah Renfro and Kelley Dick

- Goals for 2017:
 - Main goal is to be explicit in including voices of all faiths in the discussion about mental health by engaging clergy, schools, civic members, residents, etc.
 - Create/promote Interfaith support groups for people with mental illness and their family members
 - Create interfaith mental health programs, curriculum, seminars, etc. that are adaptable to different faiths
 - Look for ways to increase attendance at these events
 - Will continue to explore how to address that mental illness is not a faith problem, but human problem

How Faith Impacts Our Mental Health – Rusty Kennedy

- Goals for 2017:
 - Answering the question of how do we as faith based organizations get engaged with the community, as one's relationship with faith/spirituality is an important aspect of mental health and the recovery process. How can we spread this message to all faiths?
 - Suggested hosting a 3 week class this fall promoted by city, where the Chaplain would host the first week, and weeks 2-3 would engage the business community in an open discussion about faith/spirituality and mental health
 - There has been an ongoing discussion on if the city can promote this event
 - Main question is attendance and target audience, and further goals would be determined by results of class

Human Trafficking, Ascent 121 – Megan McGuire

- Goals for 2017:
 - Increase awareness of human trafficking and educate residents that it is happening in their community
 - Increase education in community by engaging schools, students and adults
 - Increase trainings in the following areas- law enforcement, training to recognize signs and reduce vulnerability, and prevention training to decrease demand
 - Increase connections through law enforcement, state and city officials, schools, etc. to raise awareness.
 - Increase awareness of how individuals can contribute
 - Join the Prayer Journey on the 3rd sat of every month. More info here: http://ascent121.org/?page_id=749
 - Host an event- organizations can host a community night where Ascend 121 will speak about Human Trafficking to raise awareness
 - Raise funding for victim services- Organizations can host a movie night, and include curriculum to discuss after the movie
 - Volunteer needs
 - CD- Music cd can be purchased online, and all proceeds go to victim services. Link: <https://squareup.com/store/ascent121/item/sun-is-rising-cd-by-donna-orusa>



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Wrap-up - Deputy Mayor Leah McGrath

- New format of working groups- subcommittees will work on reaching goals for each work group
- City will be in support role and will provide resources, meeting space, etc.
- FHS Mental Health video- made by students and guidance counselors for Mental Health Awareness week at the high schools. Link: <https://www.youtube.com/watch?v=YfCKIRXPsfk>

City of Fishers 2017 Goals:

- Continue the goal of the Inter-Faith group to ensure that people have resources to heal, and work together to connect people of all faiths in the mental health discussion
- Work to improve the city website to add content and house resources for mental health
- The city is preparing a speaker series that will engage groups such as high school students with the Stigma Free Fishers groups. More information coming soon.
- The "Big Brain" exhibit- 12 "Big Brains" art installations will come to Fishers within the next few days to spur the discussion about the brain and mental health. They will be displayed throughout the Nickel Plate District and will then move to Fishers High School and Hamilton Southeastern High School at the beginning of the school year.
- The city will continue its regional discussion with www.changedirection.org's "5 signs to look for with mental illness". The city plans to push this messaging out as we become part of the regional initiative to raise mental health awareness and make mental health a mainstream topic.
- The city will work to integrate the mental health initiative into Parks & Recreation events/marketing. Mental Health events will be included in the Parks & Recreation Fun Guide and on the online community calendar.