

Mental Health Task Force Recommendations Kick-Off

Date: Feb. 3, 2016

Time: 10:30 a.m. – noon

Location: Fishers City Hall

Attendees:

Scott Fadness, Mayor, Kimble Richardson, Community Health Network, Steve Davison, Fishers Fire Department, Todd Zimmerman, City Council, Chris Graves, Hamilton Southeastern Schools, Katie Keesling, Mental Health America of Greater Indianapolis, Barbara Scott, Aspire, Betsey Boziak, Aspire, Trusa Grosso, Aspire, Diana Huddleston, Aspire, Nicole Wallace, Aspire, Dave Seward, Fishers Police Department, Angela Ellison, Fishers Police Department, Duncan Brown, Aspire, Kristy Anderson, Aspire, Louann Lemaire Pyle, Aspire, Donna Yancey, National Alliance of Mental Illness, Tabitha Arnett, Indiana Psychological Association, Suzanne Clifford, Community Health Network, Mike Beresford, Hamilton Southeastern Schools, Mike Riekhof, Peyton Riekhof Foundation for Youth Hope, John DeLucia, Hamilton Southeastern School Board, John Weingardt, City Council

Introduction – Mayor Scott Fadness

Mission statement:

Develop a community that embraces mental health treatment before crisis occur, protect the welfare and safety of the Fishers residents and take a systemic approach to mental health challenges in the community.

- Chief Orusa will head up implementation of this project.
- Formal presentation to HSE school board scheduled for Feb. 10.
- Todd Zimmerman is working with a taskforce of clergy to go through a similar process to develop mental health objectives.
- Chief Orusa is planning a mental health summit for the end of 2016.
- Autumn Gasior is working to develop a community-wide communications campaign.
- Mayor Fadness met with Susan Brooks to discuss state and federal mental health legislation.

2016 Program Goals – Chief Orusa

- Our first goal is to implement 2015 recommendations (Full mental health report online at www.fishers.in.us/mentalhealth).
- We want to keep the community engaged as we progress.
- By the end of the year, we'll create recommendations for 2017.
- We've got eight work groups working on the eight objectives
- Each group needs to identify a team manager; the task force will meet quarterly and Chief Orusa will have pre-meeting with each team manager
- As program manager, Chief Orusa will provide timeline support and documentation control
- At task force quarterly meetings, we'll share progress, talk about any gaps or lack of progress and capitalize on synergy between groups

Updates on Progress

Education and Training Recommendations:

Recommendation One: Develop an education program for Fishers Police Department and Fishers Fire Department.

A standard training program for Fishers public safety officials will ensure that all public safety personnel are equipped to respond to mental health calls in an appropriate manner. Community Health Network will provide technical assistance.

Chief Steve Davison, Fishers Fire Department:

- Met several times over the past several months about how to increase education with Fire & EMS department and with the police department.
- Will do quarterly training not just for duty officers for EMS, but entire department in general.
- First quarterly training topic for the fire department is going to be post-traumatic stress disorder; how does it manifest itself, how can we intervene, what can we do to diffuse the situation if we can. All these are in conjunction with the police department.

Lt. Dave Seward, Fishers Police Department

- Forty to 50 percent of total officers have been trained in CIT and our goal is 100 percent; pushing forward to make that happen.

Recommendation Two: Quarterly audit/review of mental health runs to see what can be learned.

- Will identify patients we've had contact with along with the police department and cross reference to see which ones will actually be good for us to audit.

Recommendation Three: Enhance the City's partnerships with behavioral health providers.

The City of Fishers will continue to identify ways to partner and collaborate with mental health providers serving the citizens of Fishers. For example, a plan will be developed to leverage Community Health Network's robust continuum of behavioral health and primary care services. In addition, the City of Fishers should work to understand how our community can reap the fullest benefit from Aspire Indiana.

Mayor Fadness:

- Mayor and Chief Orusa have met with a lot of local service providers to learn more about what they offer
- Continuing to work to find all mental health resources available to Fishers residents

Recommendation Four: Develop systemic comprehensive plan for the schools.

School officials should be trained to identify mental health issues to ensure that students are given the opportunity to receive necessary help/treatment for mental health issues. See Appendix A for Hamilton Southeastern Schools Mental Health Comprehensive Plan.

Dr. Mike Beresford, HSE Schools:

- Goal for this year was to train all grade 5-12 teachers and Chris Graves has trained 500 people, with 250 to go. By the end of this school year, all staff will be trained.

- Next year, will work to train elementary school staff.
- HSE Foundation & Mike Riekhof supplied a therapist to work with a guidance counselor to do stress anxiety support groups.
- Developed four-step screening process with Aspire for students who have made suicidal comments.

Mike Riekhof, Peyton Riekhof Foundation for Youth Hope

- A mental health awareness program will be held at Fishers High School on March 7 titled A Story of Hope: A Family's Journey through Depression; mental health providers and task force representatives will be present.

Recommendation Five: Develop a youth training plan for public safety departments.

Identify common training program to be used consistently across Fishers' public safety departments.

Donna Yancey, National Alliance on Mental Illness:

CIT for youth is a variation of the traditional CIT. It's for School Resource Officers (SROs) and any officer that has a lot of contact with youth.

Angela Ellison, Fishers Police Department:

- All of the SROs in Fishers are CIT trained.

Mayor Fadness:

Additional objective under this goal:

- 1) Educate students on mental health
 - o HSE Schools has mental health material in health and wellness curriculum and is working with Chaucey's Place and Lifelines to implement evidence-based educational program. dealing with suicide prevention.
 - o Aspire mentioned a curriculum called Mental Health First Aid; can get HSE Schools. connected to a specific module for students.
 - o Dr. Beresford will delegate someone from HSE Schools to take the lead on this objective.

Recommendation Six: Develop community-wide communications campaign.

A community wide communications campaign will bring awareness to the growing mental health issue in our community and encourage a public conversation with hopes of lessening the stigma surrounding mental health issues.

Autumn Gasior, City of Fishers:

- Will target entire community with this campaign.
- Will distribute the plan to group for feedback and additions.
- Will begin implementation in second quarter 2016.
- Goal is to raise awareness within the community.

Chief Orusa:

- Working to develop mental health summit; should have a plan by fourth quarter 2016.
- Would like to involve clergy and collaborate on communications leading up to summit.

Resources and Access Recommendations

Recommendation One: Remodel community paramedicine program to include protocol for mental health calls.

Fishers Fire and Emergency Services department has successfully reduced hospital readmission of congestive heart failure patients by providing direct follow-up through a new community paramedicine program in conjunction with Community Health Network. The task force hopes to replicate this program to ensure mental health patients receive appropriate follow-up care and support.

Chief Steve Davison, Fishers Fire Department:

-Looking at sending community paramedic to house after at-risk students have been discharged from hospital to look at overall environment, make sure families have everything they need, can afford prescribed medications, etc.

Kimble Richardson, Community Health Network:

- Working to see how EMS can do mini-screenings to communicate back to Community Health Network, from there mental health professionals will determine mental health dispositions.

- Would eventually like to give the iPads so they can do telemedicine in the field together.

Recommendation Two: Develop Intensive Care Coordination program for youth.

Community Health Network is creating an Intensive Care Coordination pilot program for youth discharged from its mental health inpatient services. Youth will have an Intensive Care Coordinator when they leave the hospital to support follow-up care. Community Health Network is interested in working with the staff at Hamilton Southeastern Schools and Fishers public safety officials to promote a successful transition after a mental health hospitalization.

Kimble Richardson, Community Health Network:

-Working with representative from Community Touchpoint to develop care program for youth, which includes patient visits post discharge.

-Working with Community Health Network counsel and Aspire's counsel on how to get the proper releases of information and how to follow up with the students in that aspect.

Action Items:

- Identify team manager for each group
- Chief Orusa will meet with each team manager on progress prior to next quarterly meeting

Next Meeting: April 13, 10:30-11:30 a.m., City Hall Auditorium