

Mental Health Task Force

4/24/2015

- Mayor Fadness proposed meeting every couple of weeks as we work through goals & objectives
- Last meeting, we completed GAP analysis
- Today's goal: Identify and agree upon key objectives
- Next meeting we'll identify actions, owners and due dates.

If you could get one objective done, what would it be?

Mayor:

- Deconstructing the stigma around mental health
- Action: we need to get more details/information about the system, who does what and who funds what?
- Identify follow up services; do we need to develop a program for follow up or strengthen ties to referrals?
- Environmental factors & prevention? Blue Zones book details places in the world where people are happier, creating healthy cities
- Intervention opportunities w/ primary care?
- Community paramedicine program integration - help with plan follow up (Community has to help us sell this idea to patients/families)

Fire Department

- Education of paramedics and EMTs and police officers, determine most efficient ways to respond and de-escalate mental health calls --- applies to all public safety departments

Council (Weingardt and Zimmerman)

- Support for families, i.e., having help for them as they work through mental health issues with family members, create an open dialogue for families
- Develop future workforce through internships, etc.
- Legal professionals with mental health expertise; psychiatric advance directives

HSE Schools

- 4 main objectives
 - 1. high level training for guidance department and administrative staff, they are first responders and experts
 - 2. train staff on suicide prevention, broadening training beyond suicide to depression, anxiety and other things
 - 3. train students, reduce stigma, give students tools to identify warning signs of mental health issues in peers

- 4. providing training and resources for parents
- Financial - youth assistance program in place, how do families pay for treatment?
- Need school-based services (in-house therapists, etc.)
- Right now HSE is working on training for councilors and staff

Police Department

- Define overall mission that the task force is trying to achieve
- Awareness
- Continue to train w/ CIT program; provide training to all officers
- Family awareness, where can family members seek help
- Goal of starting to measure the issue of mental health in our community
- Need data and dashboard (Marion County just finished working w/ Dr. Virginia Caine)
- We have led the way in Hamilton County on Laird law and its application
- Lacking in techniques to track student mental health issues
- Public policy (discrepancy between what PD feels they should do and what they are legally able to do, outpatient commitments)
- Jail follow up?

Parents (Riekhof)

- Support for families could be broad; could be where to go in crisis situation and follow up is where to get continuous care
- Asked students why mental health issues are increasing, they answered: social media, sports, parents-- ultimately the increase in pressure
- Mayor: SROs have adapted program to teach kids how to deal with social media
- Figure out who natural leaders are and leverage their influence through peer mentorship/support

Legal (Chris Greisl)

- Develop cross communication between all involved parties

We have a Dept. of Health within Hamilton County, but all they do is deliver the Aspire contract

Categories of Objectives

Coordination

- Churches, tracking data, community paramedicine
- Follow up & communication
- School counselor (academic accommodations)
- Psychiatric advance directives

Education

- Reduce stigma regarding mental health & education about seeking treatment
- Education of public safety officials; how to respond and deescalate (CIT, EMS Clinical, etc.)

- Training & Support for families (resources, open dialogue, where to go for crisis, follow up and continuous care, Financial - Youth Assistance Program)
- Intense training for school counselors
- Training staff (depression, anxiety)
- Train students (reduce stigma, & how to help friends)

Services

- School-based services
- Integration w/ primary care

Data

- Need data & dashboard

Workforce

- Develop the future workforce (free clinic w/ interns, school partnership, scholarships)

Prevention (social media, pressure, substance use)

Public Policy

- Commitments

What's Number 1?

Follow up & coordination - 2

Education & training (& data) - 5

Reducing the stigma/awareness/Mission & message - 2

Prevention - 2

Services

Data

Workforce - 1

Resources & access to services - 5

Public Policy & Funding

- data

Mission of this group (need to wordsmith):

- Help people before crisis
- Develop a community that embraces mental health treatment
- Protect welfare and safety of Fishers citizens
- Safe and happy
- Systemic approach to address mental health issue in community

Mission for objectives:

Education & Training:

- Provide to entire spectrum, from first responders to citizenry, continuum of training
 - public safety, stakeholders, youth serving org., continuum of age

Local Resources & Access to Services & Workforce:

- Help people access services, increase public awareness of services and get people to the services

Action:

System details & funding

Define mission & message

Pick long-term and quick-win objectives to go after

Next meeting: Discuss tactics/actions for one objective at a time