



Meeting Minutes Community Mental Health Taskforce

Date: Jan. 23, 2015
Time: 2:00pm
Location: Launch Fishers
7 Launch Way
Fishers, IN 46038

Meeting Called to Order: 2:35pm by Mayor Scott Fadness

Present: Mayor Fadness, Chris Greisl, Chief Orusa, Autumn Gasior, Mitch Thompson, Ed Gebhart, Dave Seward, Todd Zimmerman, John DeLucia, Dr. Mike Beresford, Dr. Barb Walters, Chris Graves, Suzanne Clifford, Kimble Richardson, Mike Riekoff, Paul McDaniel, Rev. Carolyn Reed and Pastor Curt Walters.

i. Welcome introduction from Mayor Fadness and member introductions

Fishers Police Department:

- Mitch Thompson: FFD (Angela Ellison) has Crisis Interventionist (CI's)
- Police return visit to past participants' # of prescription medication abusers move to heroin (26 age range).
- Need to get down to the "why".

Kimble Richardson (CHN):

- Need to remember to not separate mental health and addiction. They are one in the same.
- FPD CI's doing a wonderful job. In 2014, FPD brought in 200 people for assistance, Carmel brought in 3.

Dr. Beresford/Chris Graves/Dr. Barb Walters:

- Addiction - children are already medicated. When they leave the home, they stop taking meds that are needed to function.
- Suicide and issue - need to join resources - who helps and when?
- Other instances lately - bipolar & schizophrenic
- Issues with kids at Fishers high schools
 - Trouble coping with keep up with high expectations, peer pressure, coping with failure. All turns into low self-esteem and anxiety.
- Starts with Parents
 - Kids are living in quite despair
- Most hidden mental health is in family's that have marital issues (physical and mental).

Clergy:

- Mostly deal with suicide "cleanup".
- Issue - cannot get individuals to admit they have an issue (embarrassed).

ii. Expected deliverables

Discussion Mayor Fadness:

- Identify key areas that need to be covered and provide a list of recommendations.
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iii. **Communication with Public**

- This is an exploration committee to help - not outcome besides recommendations to help improve the overall mental health of our community.

NEXT MEETING: 2/20/15 - Panel to discuss the "current state of mental health".