

Mental Health Task Force Meeting  
5/19/2015

Attendees:

Mayor Fadness, Chris Greisl, Suzanne Clifford, Kimble Richardson, Todd Zimmerman, John Weingardt, Dr. Mike Beresford, Angela Ellison, Chief Davison, Chief Orusa, Autumn Gasior, Paul McDaniel, Dave Seward, Ed Gebhart, Mitch Thompson

Today's goal: Choose two objectives and begin to develop an action plan.

**Objective: Education & Training**

**Action:**

- Develop an education program for Fishers Fire Department
- Quarterly audit/review of mental health runs to see what can be learned from those

**Owner(s):**

- Chief Davison, Kimble Richardson and Angela Ellison

**Action:**

- Understand the Aspire contract and how we should be utilizing their services

**Owner(s):**

- Mayor Fadness

**Action:**

- Develop systemic training for teachers and coaches to raise awareness on how to identify issues in mental health
  - CHNw can help with training, HSE schools/Dr. Beresford to create master plan, will ask CHNw to review and then move forward
  - HSE is currently working to identify level of trainings for staff, currently in the middle of training guidance counselors, teachers will be next

**Owner(s):**

- Dr. Mike Beresford

**Action:**

- Develop a youth training plan for public safety departments; identify common theme for everyone

**Owner:**

- SRO Officers, Captain Mehling, Dr. Mike Beresford

**Action:**

- Develop community-wide communications campaign designed to help raise awareness and reduce stigma of mental health issues
  - The best way to combat stigma is through personal relationships; identifying with someone you know who is open about mental health issues
  - Need to send the message to the community that city leaders are committed to this issue
  - Mike Reikhof article in Town Talk? Kevin Breel event?
  - Can talk about tragedy, but more the hope and success stories
  - "Out of the darkness" message

- On Sept. 9 Indianapolis Indians will have a suicide prevention night
- Community doesn't believe that suicides occur in Fishers. We have stats to prove it; we need to have something for them once we throw out the data - need to frame the problem AND show them the solution

*Owner:* Fishers PR department, CHNw can offer resources

**Objective: Local resources and access to services**

**Action:**

- Determine how to remodel community paramedicine program for mental health calls
  - Need to have defined set of algorithms to look at, as with congestive heart patients, etc.
  - Need to identify potential high-risk situations, this is uncharted territory
  - 2nd tier will need to be identifying the resources needed to make this possible, like LSW etc.

*Owner:* Chief Davison, Kimble, Angela Ellison, Ed Gebhart

**Action:**

- Develop Intensive Care Coordination Program for youth
  - Pilot program at CHNw for people discharged from hospital to assign them an intensive care coordinator to ensure follow up care; need to figure out how we can coordinate with the schools and get permission to follow up

*Owner:* Kimble, Dr. Beresford, Angela Ellison, Dave Seward, FPD

**Miscellaneous Notes:**

- Fire Dept. recently met with Kimble to see how the department can improve their response in mental health situations
  - Working to improve mental health training through in-service programs
  - Working to get out in community through paramedicine program
  - Need to have audit and review w/ Kimble after mental health calls to improve and maintain skill level
  - Is there a goal for CIT programs? Chief Davison would like to see modified CIT program
  - We would essentially be trying to create a mobile crisis unit
  - David Covington is a national expert on mobile crisis units; Suzanne and Kimble will help to bring him in
- Text a tip
  - 20120 text Zero
- Ideal resources in schools for mental health?
  - Ideally there would be a mental health person in each building; there will soon be four individuals for the entire school system
  - Benchmark for mental health person per student? CHNw school person has that information
  - In most schools CHNw is in they have more than one person in each school and they're busy
  - Is there a way to show better education outcomes? Measuring/showing value

- It's hard to measure how kids who need special attention are distracting other students; would need to measure performance of entire classroom
- Long-term action: Build workforce by encouraging high school and junior high school kids to get interested in behavioral health; Incentivize people to move into the industry through internship programs and community coordination
  - CHNw has employees at all levels from bachelor's to post graduate; goal is to help people grow
  - HSE has college and career centers at both high schools; can bring the university to Fishers (working with IU, Purdue, Ball State, Ivy Tech)
  - Explore helping someone with lower education grow into the profession with incentives/ financial support
  - CHNw is planning to expand internships a lot

**Action items:**

- Develop work teams
- Regroup on action items with work teams

Next Meeting: June 26, 2-3:30 p.m. at Fishers City Hall Auditorium